



UCAN NEWSLETTER

JUNE 2021



IF YOUR CHILD IS EXPERIENCING BULLYING

- TALK WITH YOUR CHILD
- THINK THROUGH WHO ELSE SHOULD BE INVOLVED
- SUPPORT AND EMPOWER YOUR CHILD
- GET INVOLVED IN THE COMMUNITY
- LEARN YOUR RIGHTS

WHY YOU SHOULD CONTACT US TO HELP

1. 17% of students report that they are directly involved in bullying two-three times per month or more often.
2. 14% of students say they have been bullied, and 5% have bullied others.
3. The most common ways that students are bullied are verbal bullying, social exclusion and rumor spreading.
4. Students who are bullied are most likely to tell a friend or a sibling. Somewhat fewer tell a parent or guardian, and fewer than half say they have told a teacher or other adult at school.
5. Too many youth suffer silently. By high school, more than one-third of high school boys and one-fourth of high school girls who have been bullied have told no one.
6. School-based bullying prevention programs decrease bullying by up to 25%.



Contact us to help build a better community.
(901) 262-8642
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DID YOU REALLY KNOW THE IMPACT OF BULLYING

1. EDUCATION - BULLYING CAN NEGATIVELY IMPACT A CHILD'S ACCESS TO EDUCATION AND LEAD TO:

- SCHOOL AVOIDANCE AND HIGHER RATES OF ABSENTEEISM
- INABILITY TO CONCENTRATION
- DECREASE IN GRADES
- LOSS OF INTEREST IN ACADEMIC ACHIEVEMENT

2. HEALTH - BULLYING CAN ALSO LEAD TO PHYSICAL AND MENTAL HEALTH PROBLEMS, INCLUDING:

- HEADACHES AND STOMACHACHES
- DEPRESSION
- SLEEPING PROBLEMS
- POST-TRAUMATIC STRESS
- LOW SELF-ESTEEM
- INCREASED FEAR OR ANXIETY

3. SAFETY - BULLYING ALSO IMPACTS STUDENTS' SENSE OF WELL-BEING, AND CAN LEAD TO:

- SELF-ISOLATION
- SELF-HARM AND SUICIDAL IDEATION
- INCREASED AGGRESSION
- FEELING OF ALIENATION AT SCHOOL
- FEAR OF OTHER STUDENTS
- RETALIATION

Contact us for more information

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